

Edition 11 | November  
**2025** | Winter Edition

# Monthly Newsletter

**Maya Supported Living Limited**

*CONNECTING DREAMS WITH REALITY*



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At Maya Supported Living Limited, we are dedicated to creating inclusive, engaging, and meaningful experiences for every resident across our supported living homes. During November, our residents took part in a variety of social, educational, and recreational activities designed to enhance wellbeing, foster independence, and strengthen community connections. Here's a look at some of the wonderful things happening across our homes:

## Monthly Resident Activity Highlights

### November 2025

At Argyle House, During the month, residents enjoyed a variety of engaging activities, including a Cinema visit, Shopping trips, a snack outing to Greggs, KA's birthday celebration, a meal at McDonald's, a Lightning outing, and relaxing visits to the park.

These activities provided opportunities for social engagement, enjoyment, and community participation. Other activities include Cinema visit, a trip to Hogwarts in the Snow, a Christmas Party, Shopping outings, Bowling, Coffee shop visits, and a museum trip.



At Marryat House, During the month, residents took part in a variety of enjoyable activities, including Bowling, Shopping, Eating out, Tea outings, and a Cinema visit. The month also included activities for the continuation of weekly activities and a visit to Winter Wonderland, contributing to a well-rounded and engaging schedule.





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Hollygrove House, During the month, residents enjoyed a variety of engaging activities, including dining at Nepalese, Indian, and Chinese restaurants, grocery shopping, visits to Uxbridge and Hounslow Heath Park, outings to Westfield, Chaiwallah, the High Street, the Pumpkin Patch, and the Church. The month also included plans such as shopping trips, Arts & Crafts sessions, coloring and drawing, seasonal outings, park visits, movie outings, Winter Wonderland, Windsor Lights, and an evening in Central London to see the Christmas lights, creating a full and enriching schedule for everyone.



At Westway House, During the month, residents took part in a wide range of enriching and enjoyable activities, including Arts & Crafts, a Zoo visit, Bowling, a Cinema trip, an outing to Harrow High Street, meals at Mimi's and Chaiwallah, visits to the Gurdwara and Laxmi Narayan Temple, regular college attendance, family visits, bus rides, shopping trips, and relaxing outings to the park.

Additionally, other activities include a visit to Winter Wonderland, a trip to Central London, continued college attendance for residents, and a special Christmas celebration.



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At Wheatland, Residents from WL house participated in a variety of meaningful and enjoyable activities, including short walks near the house, visits to Bedford Park Lake, a trip to Hounslow Urban Farm, Arts & Crafts sessions, outings to Costa Coffee, indoor recreational activities, and visits to the library.

These activities supported social engagement, learning, and overall wellbeing. Some of the highlight activities include an outing to Central London, a Christmas lights tour, and a visit to Winter Wonderland.



**At Cottage House,** During the month, residents engaged in a variety of meaningful and enjoyable activities, including visits to the Queens Head Pub, Hounslow High Street, and shopping trips to Tesco and Asda, as well as a Kingston trip and a coffee outing to Costa. They also attended college at Uxbridge, participated in a cooking class at Meadow Bank, took a cab ride to Richmond, and enjoyed the Windsor Illumination Lights. Activities for the month also included Winter Wonderland, a Central London Christmas lights tour, forming a full and enriching schedule for residents throughout the month.

At Green Bell House, residents have been actively involved in a variety of daily outings, with staff carefully planning activities around their interests and preferences.

These regular community experiences have fostered confidence, independence, and social connection. Shopping trips and leisurely walks along Feltham High Street offered fresh air, exercise, and opportunities to engage with the local community. By tailoring activities to individual needs, the team has created a warm, positive, and fulfilling environment for all residents.



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Pawan shahi



Asmita Bhandari



Muna Acharya



Namrata Khaniya



Sajjan Thapa Magar



Sujita Bajgain



Sunil Simkhada



## EMPLOYEE OF THE MONTH

*Rakshya Gaire has been recognized as Employee of the Month-November.  
Her hard work and dedication is remarkable.*

*As an appreciation she received certificate and £50 worth gift voucher.*