

Edition 12 | **December**
2025 | Winter Edition

Monthly Newsletter

Maya Supported Living Limited

CONNECTING DREAMS WITH REALITY



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At Maya Supported Living Limited, we are dedicated to creating inclusive, engaging, and meaningful experiences for every resident across our supported living homes. During December, our residents took part in a variety of social, educational, and recreational activities designed to enhance wellbeing, foster independence, and strengthen community connections. Here's a look at some of the wonderful things happening across our homes:

Monthly Resident Activity Highlights December 2025

During the month of December, Argyle House organised a wide range of engaging activities for residents, including visits to Winter Wonderland, Windsor Illuminated Light displays, parks, museums, and the Harry Potter World. Residents also enjoyed cinema trips, cab rides, dine-out experiences in Aldershot, eat-out outings, and a visit to a Christmas fair, alongside special birthday celebrations.

Festive highlights such as a Christmas party and a New Year celebration added to the joyful atmosphere. All activities were well enjoyed, and residents had a thoroughly enjoyable and memorable month.



During the month of December, Marryat House organised a range of enjoyable activities for residents, including bowling sessions, shopping trips, eat-out experiences, tea outings, cinema trips, and a visit to Winter Wonderland. Residents also took part in Christmas decoration activities alongside their usual weekly activities, creating a festive and engaging atmosphere. The month was further enhanced by Christmas and New Year celebrations, which were enthusiastically enjoyed by everyone. Overall, residents thoroughly enjoyed the varied program of activities, making December a happy and memorable month at Marryat House.

During the month of December, Hollygrove House organised a wide range of activities for residents, including shopping trips to Sainsbury's, ASDA, and the High Street for clothes shopping, relaxing walks in the local area with visits to the nearby park, church visits, and gardening. Festive highlights included a Christmas Secret Santa party, a Winter Wonderland visit, a Christmas party on Christmas Day, and a New Year celebration. Residents also took part in creative art and craft sessions as well as enjoyable indoor activities such as Zumba dance. All activities were well attended, and the residents thoroughly enjoyed the varied and engaging programme throughout the month.





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During December, residents at West Way House enjoyed a variety of engaging activities, including educational visits, shopping trips, eat-outs, bowling, cinema outings, cycling, and peaceful walks in local parks. They also visited places such as Osterley Park, Virginia Water Lake, and the Gurudwara.

Festive highlights included Winter Wonderland, a Central London Christmas lights tour, Christmas shopping, a Secret Santa celebration, and a Christmas Day party at home, making the month enjoyable and memorable for everyone.



During the month of December, Wheatlands House offered a variety of enjoyable and meaningful activities for residents, including indoor activities, Christmas house decorations, library visits, short walks, gardening, Costa café visits, and creative art and craft sessions.

Residents also enjoyed a special visit to Central London to see the Christmas lights, along with a Secret Santa party and Christmas celebrations that added a festive touch to the month. All activities were well attended, and the residents completely enjoyed a pleasant, engaging, and festive December at Wheatlands House.

During the month of December, Cottage House organised a variety of engaging activities for residents, including visits to the outdoor gym, Winter Wonderland, cafés, the cinema, and college, as well as shopping trips, airport bowling and shopping, and dining out in Aldershot. Residents also enjoyed gardening, indoor activities, and regular cab and bus rides that supported community access.

Festive highlights such as Christmas shopping and Christmas Eve and Christmas Day celebrations added to the joyful atmosphere. All activities were well attended, and the residents thoroughly enjoyed a lively and fulfilling December at Cottage House.



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During the month of December, Greenbell House organised a range of daily and festive activities for residents, including grocery shopping trips to the High Street in Hounslow and Tesco, regular visits to the local park, and leisure time spent watching bhajans, news, and movies.

Residents also engaged in reading and writing activities, watched television, rested, and took part in exercise sessions three to four times daily.

Festive highlights included a visit to CH House for Christmas celebrations and a Secret Santa gift exchange, as well as Christmas Day celebrations with a festive meal at home and New Year celebrations at home. All activities were well enjoyed, and residents had a comfortable, engaging, and enjoyable month at Greenbell House.

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Residents also engaged in reading and writing activities, watched television, rested, and took part in exercise sessions three to four times daily.

Festive highlights included a visit to CH House for Christmas celebrations and a Secret Santa gift exchange, as well as Christmas Day celebrations with a festive meal at home and New Year celebrations at Green Bell house.



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Secret Santa

We celebrated our Secret Santa event during Christmas, sharing a joyful time filled with laughter, surprises, and the exchange of thoughtful gifts.

The celebration helped create a warm and festive atmosphere, encouraging teamwork, kindness, and stronger bonds among everyone involved. It gave us a chance to appreciate one another, spread positivity, and take a break from routine, making the occasion memorable and meaningful for all.



HAPPY Birthday TO YOU



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Famodun



Lucia clari



Simran Kaur



Margaret Thompson



EMPLOYEE OF THE MONTH

Sandesh Pandey has been recognized as Employee of the Month-December. His hard work and dedication is remarkable.

As an appreciation he received certificate and £50 worth gift voucher.