

Edition 02 | February  
**2026** | Winter Edition

# Monthly Newsletter

**Maya Supported Living Limited**

*SUPPORT GUIDED BY LOVE, DRIVEN BY CARE*



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At Maya Supported Living Limited, we are dedicated to creating inclusive, engaging, and meaningful experiences for every resident across our supported living homes. During February, our residents took part in a variety of social, educational, and recreational activities designed to enhance wellbeing, foster independence, and strengthen community connections. Here's a look at some of the wonderful things happening across our homes:

## February 2026 Monthly Resident Activity Highlights

Lets explore what happened in our houses in February



### TOP NEWS

**Marryat House** went for holiday outside of London for a week in Bath, which was a very memorable and happy moments.

**At Argyle House**, everyone enjoyed a wonderful mix of activities filled with laughter and connection. From relaxing park walks and cinema trips to joyful birthday celebrations, shopping visits, cosy coffee stops, and the immersive fun at Bubble Planet, every moment brought smiles. The excitement continued with arcade games and friendly competition at Airport Bowl, creating happy memories from start to finish.



**At Marryat House**, residents enjoyed a month full of fun, laughter, and memorable experiences. From lively bowling sessions and shopping trips to cinema visits and cosy tea outings, each activity brought joy and togetherness. The highlight was a week-long holiday in Bath, where everyone savoured a refreshing change of scenery, explored beautiful surrounding, & created unforgettable memories together. Back home, the excitement continued with cycling adventures, energetic arcade games, more cinema trips, and shared meals, keeping spirits high and ensuring there was always something to look forward to.





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**Wheatland** have enjoyed a calm yet engaging period, balancing community outings with relaxing indoor activities. Regular visits to Costa Coffee offered time to socialise, often alongside pleasant local walks and trips to the library.

A highlight was a peaceful visit to Osterley Park. Residents also enjoyed cinema trips, exploring Kingston upon Thames Shopping Centre, friendly games at Airport Bowl, and are looking forward to visiting Urban Farm – keeping their days meaningful and enjoyable.



**At Cottage House** have enjoyed an energetic and joyful period, filled with activities that supported wellbeing and social connection. They stayed active through gym sessions, jogging, swimming, and regular walks, while building independence by attending college and managing house chores.

Shopping trips to The Chimes, Uxbridge and Kingston upon Thames, along with café visits and dining out, made for enjoyable days out. Birthday and Easter celebrations brought everyone together, while fun trips to Jump Giants, cinema outings, gardening, and friendly competition at Airport Bowl kept spirits high and smiles wide.

**At Hollygrove House**, residents enjoyed a meaningful and engaging month filled with activities that brought smiles and a sense of achievement. From relaxing movie sessions and creative drawing to hands-on household tasks, each day offered something rewarding. A trip to Harrow included exploring the shopping centre and essential shopping at Asda, while church visits and cosy café outings provided time for reflection and connection.

Looking ahead, residents are excited for more shopping trips, visits to Urban Farm and Northolt Park, and continued community outings – keeping days active, social, and enjoyable.



*“Supporting residents with **compassion**, while reassuring families with care you can”*

**At Green Bell House**, residents enjoyed a vibrant month of social outings and community activities. Highlights included bowling at Airport Bowl, shopping in Kingston upon Thames, cinema trips to Cineworld Hounslow, temple visits, dining out, gaming sessions, park visits, and independent bus rides – creating many positive and memorable moments together.

**At WestWay House**, clients enjoyed a vibrant period filled with fun outings and meaningful experiences. From bowling, park visits, temple and gurdwara trips to swimming, college, shopping, and a memorable holiday to Bath, Leeds, and Bristol – every moment was engaging. Creative sessions, cinema trips, and lunch at McDonald's added to the joy, with exciting visits to Urban Farm, Osterley Park, and Richmond Park planned ahead.



<https://www.facebook.com/Mayasupportedlivinglimited/>



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## HAPPY Birthday TO YOU



SUJATA BALAMI



BIBEK CHAND



DIYA MAHARJAN

Client SH,HW and CB along with the friends and family celebrated their birthday in February. Staff members **Sujata Balami**, **Bibek Chand** and **Diya Maharjan**, shared their birthday this month with great joy and excitement. On their special day, they got £25 worth of a gift



*"A GOOD FRIEND  
FEELS LIKE HOME".*



### EMPLOYEE OF THE MONTH

*Sujata Balami has been recognized as Employee of the Month-February. Her hard work and dedication is remarkable.*

*As an appreciation she received certificate and £50 worth gift voucher.*



#### TRAININGS

Some staffs were involved in "how to talk to young people about relationships and **sexual health Tier 3**"



#### UPCOMING TRAINING

Oliver's McGown training on **Learning disabilities and Autism - Tier 2**