

Edition 04 | **April** | Spring Edition  
**2026**

# Monthly Newsletter

**Maya Supported Living Limited**

*SUPPORT GUIDED BY LOVE, DRIVEN BY CARE*



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At Maya Supported Living Limited, we are dedicated to creating inclusive, engaging, and meaningful experiences for every resident across our supported living homes. During April, our residents took part in a variety of social, educational, and recreational activities designed to enhance wellbeing, foster independence, and strengthen community connections. Here's a look at some of the wonderful things happening across our homes:

# April 2026 Monthly Resident Activity Highlights

Lets explore what happened in our houses in April



## TOP NEWS



### Easter Celebration

- All the houses came together to celebrate Easter, creating a warm and joyful atmosphere for everyone involved. The day was filled with fun games and activities, bringing laughter and a sense of togetherness. Clients and staff shared a variety of food, enjoying the opportunity to connect and celebrate in one place.

This month at **Argyle House**, residents enjoyed a variety of activities including cinema outings; visits to Feltham Park, Syon Park, and Kingston; arcade games, Flip Out, and airport bowling; dining at McDonald's; food shopping; a BBQ and picnic; Easter celebrations with an egg hunt and painting; and a museum visit making it a fun, engaging, and well-rounded month for everyone.



### "Moments That Matter"

This month at **Marryat House**, residents enjoyed a variety of activities at home and in the community, including trips to the high street (Primark, ASDA, and Sainsbury's), visits to local parks, meals out at McDonald's, pubs, restaurants, and takeaways, socialising with peers from Cottage House and Argyle House, and a special visit for AO with his brother. The month also included Easter celebrations, group games, and physical activities such as swimming and cycling, making it a well-rounded and enjoyable time for all.



#### Nepali New Year

All the clients and staffs warmly celebrated Nepali New Year, honoring love, care, and appreciation with heartfelt moments and joyful togetherness.



#### Birthday

JR birthday was filled with joy as the team came together to celebrate with gifts, great food, & plenty of laughter. Happy Birthday, JR!





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This month at **Hollygrove House**, Clients took part in a range of meaningful activities supporting social connection and independence, including visits to Cottage House for a staff baby shower, Easter, Eid, and birthday celebrations, SR's alternate-week church attendance, weekly shopping and dining outings, park visits, and a picnic at Bedfont Lakes Country Park. At home, they enjoyed exercise sessions, colouring, relaxing on the backyard swing in good weather, and movie nights with popcorn making it a balanced and fulfilling month.



This month at **Westway House**, residents engaged in a wide range of activities promoting social interaction, independence, and wellbeing, including airport bowling; visits to places of worship (Gurudwara, temple, church, and Trinity Church); trips to Kew Gardens and Hounslow Urban Farm; swimming, walking, and visits to Lampton Park, Osterley Park, and the Grand Union Canal; attending college; shopping on Hounslow High Street; practising independent travel via buses and taxis; indoor games like Ludo and Carrom board; cinema visits; dining out; and birthday celebrations for WM and JR making it a well-rounded and enjoyable month for all.



This month in **Wheatland House**, Clients stayed active through a variety of community based activities, including walks and visits to Heston Park and Bedfont Lakes Country Park, gardening sessions with staff, clothes shopping on Hounslow High Street, coffee trips to local shops, and social visits to Cottage House. They also enjoyed outings further a field, including trips to Virginia Water, Thorpe Park, and a memorable seaside visit making it an engaging and enjoyable month for all.



*Care is love in action, shown in small, silent ways. In the end, a good life is simply how deeply we love, how sincerely we care, and how gently we treat others.*



This month at **Cottage House**, residents enjoyed a wide range of activities at home and in the community, including outings to Jump Giant trampoline park, Feltham Tenpin bowling, Thorpe Park, the London Eye, and SEA LIFE Aquarium; exploring Enfield and Uxbridge; visits to Bedfont Lakes, Ruislip Beach, parks, and community walks; gardening, house chores, gym and cardio sessions, and college attendance; shopping trips, café visits, dining out, taxi outings, a BBQ, and a holiday; along with Easter celebrations featuring an egg hunt making it a lively and enjoyable month for all.



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This month at **GreenBell House**, residents enjoyed a variety of community-focused activities, including airport bowling and visits to local areas like Kingston, Hounslow, and Northolt Park. They took part in social outings such as café visits, lunches in Feltham, and trips to Treatz in Hounslow West. Shopping at stores like Asda and Tesco supported independence, while cinema visits added to the experience. Leisure activities included watching and playing football, video gaming, and visiting a gaming outlet. The month also featured a scenic trip to Virginia Water and a fun golf session, creating a well-balanced mix of activity and relaxation.



**"A SMILE IS THE SIMPLEST WAY TO MAKE LIFE FEEL LIGHTER AND HAPPINESS FEEL CLOSER."**



**IN MAYA, EVERY MOMENT IS WRAPPED IN LOVE, FILLED WITH LAUGHTER, AND GUIDED BY KINDNESS.**



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## HAPPY Birthday TO YOU



Anjali Sharma



Ashish Babu Bhatta



Harry Devi



Mamata Poudel



Mounika Kommu



Regina Aisha



Sabita Timalsina



Sandesh Pandey



JR



WM

Client WM and JR along with the friends and family celebrated their birthday in April. Staff members Anjali Sharma, Ashish Babu Bhatta, Harry Devi, Mamata Poudel, Regina Aisha, Sandesh Pandey, Sabita Timalsina and Mounika Kommu, shared their birthday this month with great joy and excitement. On their special day, they got £25 worth of a gift voucher from the company

## WELCOME TO THE TEAM



Suvekshya Timilsina



Dibhya Singh Sunar

“When people come together as a team, sharing effort, trust, and laughter, a workplace stops feeling like just a place and starts feeling like home.”

## EMPLOYEE OF THE MONTH

**Sadhana GC** has been recognized as Employee of the Month-April. Her hard work and dedication is remarkable.

As an appreciation she received certificate and £50 worth gift voucher.

