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Monthly Newsletter

Maya Supported Living Limited

SUPPORT GUIDED BY LOVE, DRIVEN BY CARE

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At Maya Supported Living Limited, we are dedicated to creating inclusive, engaging, and meaningful experiences for every resident across our supported living homes. During July, our residents took part in a variety of social, educational, and recreational activities designed to enhance wellbeing, foster independence, and strengthen community connections. Here's a look at some of the wonderful things happening across our homes:

July 2026 Monthly Resident Activity Highlights

Lets explore what happened in our houses in July







TOP NEWS



BABY SHOWER

- We celebrated beautiful baby shower with all our clients and staff members, and it was a truly fun and memorable occasion for everyone involved. The celebration was filled with joy, laughter, smiles, and wonderful moments shared together. We are grateful for everyone's participation and support in making day special.







Residents at **Argyle House** participated in a variety of meaningful activities that promoted wellbeing, independence, and community inclusion. These included bowling, shopping trips to ASDA, visits to Hounslow High Street, gardening, Bushy Park, cycling, the cinema, Flip Out, the beach, and Thorpe Park. The activities supported daily living skills, encouraged physical activity and social interaction, and helped build confidence while providing enjoyable experiences tailored to residents' individual interests and preferences, enhancing their overall physical, emotional, and social wellbeing.



TOUR TO BEACH

Our clients enjoyed a memorable beach day with staff, relaxing, socializing, and creating happy memories while promoting wellbeing and positive relationships.



BIRTHDAY CELEBRATION

We celebrated our clients' birthdays with joy, laughter, and special moments, creating happy memories for everyone involved.

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Residents at **Westway House** enjoyed a range of activities promoting wellbeing, independence, and community inclusion. They participated in park walks, trips to Kew Gardens, Brentford and Hounslow West, shopping, restaurant visits, Gurdwara visits, school and college attendance, swimming, Airport Bowling, companion cycling, cinema outings, and a staff farewell and baby shower celebration. These activities supported residents' physical, emotional, and social wellbeing while encouraging independence and active community participation.





Residents at **Wheatland House** participated in a variety of activities promoting wellbeing, independence, and community inclusion. They enjoyed walks, visits to Bushy Park, Osterley Park, local parks, and High Street, shopping trips to Tesco and ASDA, indoor activities, art and crafts, gardening, library visits, Costa Coffee outings, and a trip to Thorpe Park. These activities supported physical health, emotional wellbeing, confidence, and independent living while encouraging active community participation.



Residents at **Cottage House** participated in a wide range of activities promoting wellbeing, independence, and community inclusion. They enjoyed seaside and urban farm visits, fruit picking, shopping trips, bowling, park visits, swimming, outdoor gym sessions, gardening, house chores, college activities, and travel by bus and cab. Residents also visited the cinema, Thorpe Park, Sea Life, the London Eye, Stable Farm, Jump Giants, went on holiday, and enjoyed café visits, dining out, and a house BBQ. These activities supported their physical, emotional, and social wellbeing while encouraging independence and active participation in the community.



Residents at **Greenbell House** participated in a variety of activities promoting wellbeing, independence, and community inclusion. They enjoyed shopping trips, visits to Hounslow High Street, community walks, local parks, Richmond, Holland Park, and Virginia Water Lake, as well as gardening, ball games, bowling, car rides, cinema outings, and meals out. Residents also attended family visits, temple visits, and healthcare appointments. These activities supported their physical, emotional, and social wellbeing while encouraging independence and active community participation.

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During this period, residents at **Marryat House** enjoyed a variety of activities, including birthday celebrations, shopping, cycling, bowling, gardening, eating out, and a visit to Hobbledown Heath. These activities promoted wellbeing, independence, and social inclusion while encouraging physical activity, confidence, and meaningful engagement within the community. They also reflected residents' individual interests and supported positive social interactions.














During this period, residents at **Hollygrove House** participated in a variety of activities that promoted wellbeing, independence, and community inclusion. Activities included café visits, shopping trips, park visits, daily walks, exercise sessions, dining out, bowling, the cinema, church visits, family outings, and community activities. Residents also celebrated a staff farewell and baby shower, creating meaningful social experiences. These activities supported physical health, emotional wellbeing, social interaction, and independence while reflecting residents' individual interests and preferences.

Every day is a gift to cherish, every smile a memory to keep. Life is best enjoyed together, one beautiful moment at a time.

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" WHERE HEALING BEGINS WITH KINDNESS. AND EVERY HEART MATTERS"



HAPPY Birthday TO YOU









Client KP, JD, and UP along with their friends and family celebrated their birthday in July. Staff members Bikash Aryal, Iseeta Khadka, Rojan Karki and Sudha Adhikari Poudel shared their birthday this month with great joy and excitement. On their special day, they got £25 worth of a gift voucher from the company.

EMPLOYEE OF THE MONTH

***Bipu Karki** has been recognized as Employee of the Month-July. His hard work and dedication is remarkable.*

As an appreciation he received certificate and £50 worth gift voucher.





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